



Meet the Owner: Sally DeAngelo

Position: The Warden (Owner)

Year: 1980

Email: sally@lakeshoregym.com

A graduate from Ohio State, Sally has degree in physical education as well as a special concentration in dance education. Sally started Lakeshore Dance & Fitness Center back in 1980 with her first facility which was a mere 2000 sq foot dance studio in Euclid. She then moved across the street to an 8000 sq foot facility where she started teaching gymnastics; thus changing the name to Lakeshore Dance & Gymnastics. 20 fulfilling years later, the business booming, she moved into her new 19,000 sq foot palace in Mayfield Village. With this new facility, she is able create a masterpiece. Sally continues to teach dance, progressive gymnastics and team classes. The gym rarely quiet and the dancers always moving...with dedication and lots of sweat and tears...Sally has made many dreams come true.



Irene

Position: Main Office, Pre-school Gymnastics, Dance Director

Year: 1988

Email: Irene@lakeshoregym.com

I have been an educator in the field of dance for 22yrs. I specialize in teaching dance technique, from our preschool thru grade school levels. I also teach Guppies, a mom and me gym class and work in the office. A former student of Lakeshore myself, I continued dancing at Kent State & Cleveland State University's. One of my favorite dance forms is tap, and I continue to perform in our annual recitals. In My personal life, I attend many Cheer & Dance competitions with my daughter Sarah, who is a Lakeshore Storm All Star Cheerleader. I also plan to one day move closer (haha).



Anna

Position: Rec/Preschool Gymnastics Director/Office

Year: 2004

Email: Anna@Lakeshoregym.com

I began competing nationally as a level 10 gymnast in Trampoline and Tumbling at the age of 11. At 15 I began coaching for the Geneva Vikings as a Level 1-4 Gymnastic coach and Level 1-10 Trampoline coach. When I first came to Lakeshore I began instructing Preschool and Recreational Gymnastics classes levels 1-3. In 2006 Sally and I began a Girl's competitive level 3 program to add to Lakeshore's already existing Competitive Girl's Program. Currently, I am teaching our Preschool through Recreational Level 3 programs as well as our Pre-team Sun-beam classes. I have attended many gymnastic courses and conferences to further my education and knowledge in this ever evolving sport.



Kim

Position: Head Girls Competitive Coach/

Year: 2011

Email: kim@lakeshoregym.com

As a gymnast I competed from 1971-1981. I was a USAG class III gymnast (equivalent to today's level 10) and I qualified to high school states all four years of high school. I was part of the MAC championship team of 1980-1981 at Kent State University. As a coach, I began teaching at age 16 helping with summer camps and began teaching team at 21. I opened Northcoast gymnastics at age 25. I was the head coach of the West End YMCA program for 14 years and took the team to Nationals 6 times. I began judging at the age of 16 and was a level 10 judge by 23. I have judged multiple state USAG and high school competitions.



Carol Landis

Position: Dance Coordinator

Year: 2009



Amy

Position: Competitive All Star Cheer Director

Year: 2009

Email: Amy@lakeshoregym.com



Italo

Position: Boys Level 6 and Up Team Coach

Year: 2008

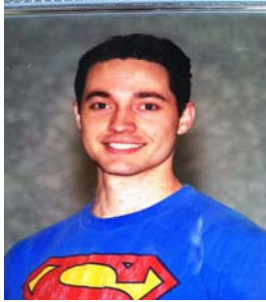
Email: Italo@lakeshoregym.com



Nick

Position: Boys Team Coach Level 4 & 5

Year: 2009



James

Position: Boy's Gymnastics

Year: 2008



Dawn

Position: Recreational Gymnastics & Cheer Team

Year: 1995



Vitoria

Position: Team Gymnastics & Rhythmic Gymnastics

Year: 2010

I was a gymnast for thirteen years, being a level ten gymnast and also doing gymnastics at Kent State University. Currently I am full time student going for Bio-Medical Technology.



Amber

Position: Team Gymnastics

Year: 2011



Sarah

Position: Team Gymnastics & Cheer Team

Year: 2011



Lisa

Position: Recreational Gymnastics

Year: 2010



Elana

Position: Rhythmic Gymnastics

Year: 2010



Alsu

Position: Rhythmic Gymnastics

Year: 2010



Heather

Position: Dance and Rhythmic Gymnastics

Year: 2010



HB
Position: Hip Hop
Year: 2008



Christy
Position: Dance
Year: 2011



Elizabeth
Position: Dance
Year: 2011



Amanda
Position: Dance
Year: 2011



Arlene
Position: Office
Year: 1986



Tonya
Position: Office
Year: 2005



Jan
Position: Zumba
Year: 2009



Joan
Position: Aerobics
Year:2008