

Lakeshore Dance and Gymnastics Fall 2011-2012

We strive to teach our students quality gymnastics with tender loving care.

ATTIRE: Proper attire must be worn to class, leotard and bike shorts only, no baggy clothing.
Fall REGISTRATION FORM: This must be filled out for the upcoming fall session *starting September, 7th!*
TUITION DUE: by the 7th of every month

Closed Viewing:

We are having closed practices for our TEAM classes. Our goal is to have the students undivided attention with out any distractions.
 For any questions please email Sally, sally@lakeshoregym.com

Girl's Competitive Gymnastics Team

LEVEL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Girl's 3 6.5 hrs / wk		5:30 to 7:45		5:30 to 7:45		12:30 to 2:30
Girl's 4 9.0 hrs / wk	5:30 to 8:30		5:30 to 8:30		5:00 to 8:00	
Girl's 5 10.0 hrs / wk		4:00 to 7:00		4:00 to 7:00		12:00 to 4:00
Girl's 6 and up 13.0 hrs / wk	5:30 to 8:30		4:00 to 7:00	5:30 to 8:30		12:00 to 4:00
Prep Opt Bronze 8.0 hrs / wk	5:30 to 8:30		5:30 to 8:30			9:00 to 11:00
Prep Opt Silver 9.0 hrs / wk	5:30 to 8:30		5:30 to 8:30			9:00 to 12:00
Prep Opt Gold 13.0 hrs / wk	5:30 to 8:30		5:30 to 8:30			9:00 to 12:00